

Resources from the Mālama Ola Behavioral Health Webinar:

Tips For Thriving In Our New Normal – Working and Learning From Home

[Tips for Partnering with Teachers in the New School Year](#)

[Directory | Counseling](#)

[5 Tips for Parents for Distance Learning](#)

[COVID-19 Parent Resources](#)

[Hawai'i State Corona Virus Resources](#)

[Families First Coronavirus Response Act: Employee Paid Leave Rights](#)

[A Teacher Shares the 5 Steps That Home Schooling Parents Need to Take](#)

[Coronavirus Resources for the Family](#)

Visual and Audio Mindfulness Video: 2 Min Breath Bubble
https://youtu.be/9tOJZQhO_Uw

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